



**No Power.
No Food.
No Water.
Are you
prepared?**

Complete 72-Hour Emergency Survival Kit

*Kits prepared in accordance with
Canadian First Aid standards*

Experts advise that in the case of a major emergency, you can expect to be on your own for at least 72 hours.

Without reliable power, heat, phone service, food or water, would you be prepared? As seen with the recent earthquake in Pakistan, the Asian Tsunami, Hurricane Katrina, and the Quebec ice storm it became apparent individuals need to rely on themselves. Are you living in an active earthquake zone? Have you considered what you would do during a mass quarantine due to a health pandemic? You owe it to yourself and your family to be prepared.

What are you waiting for?

Solo Kit

\$74.99

includes GST/PST

Multi-Person Pack

\$399.00

includes GST/PST

Corporate orders available upon request. Shipping not included.



phone/fax: **604-946-5433 (LIFE)**

email: **info@lifeconsultants.bc.ca**

web: **www.lifeconsultants.bc.ca**



Solo 72-hour Survival Kit

\$74.99
includes GST
and PST.

All food and water rations
have a 5-year shelf life. Sorry, no
custom orders or substitutions.

Multi-Person pack 72-hour Survival Kit

\$399.00
includes GST
and PST.

All food and water rations
have a 5-year shelf life. Sorry, no
custom orders or substitutions.

Note for all kits:

* **Additional food/water rations are available for \$30 per person for a 72-hour supply.**

For adequate safety, it is recommended a complete second Multi-Person Pack be purchased for families with more than 4 members.

Are you certified in First-Aid and/or CPR?

Course discounts with your receipt upon purchasing any My Survival Kit package. Visit our website for more info: www.lifeconsultants.bc.ca

- *1 **Food ration** pkg (3600 calorie) = 9 portions)
- *9 **Water rations** 125 ml/4.22 oz
 - 1 Poncho (orange/yellow polyethylene)
 - 1 Garbage bag (large orange) shelter/signaling
 - 1 Space blanket 56x84"(mylar/foil) warmth/shelter
 - 3 Candles (8-hour, dripless) heat/light
 - 2 Lightsticks (12-hr chemical green) signaling/light
 - 1 Waterproof matches (50/box) firestarter/light
 - 1 Utility knife + 1 compass
 - 1 Mask (dust) + pkg kleenex tissue
 - 2 Sanitary wipes (70% isop. alcohol)
 - 2 Sanitary Wipes (BZK antiseptic)
 - 1 Dressing (4x4" gauze)
 - 1 Dressing (3x4" non-stick)
 - 1 Dressing (3x3" gauze)
 - 1 Dressing (2x2" gauze)
 - 1 Bandage (triangular)
 - 2 Bandaids strips (1x3")
 - 1 Bandaid (knuckle)
 - 1 Bandaid (fingertip)
 - 1 First Aid Summary Sheet
 - 1 Survival Guide Booklet
 - 1 Whistle (metal) rescue
 - 1 Bag (nylon) water resistant

- *2 **Food ration** pkgs (3600 calorie) = 9 portions)
- *18 **Water rations** 125 ml/4.22 oz
 - 1 Water carrier (2 gallons)
 - 1 Bottle water purification tablets (contains 50)
 - 2 Ponchos (orange/yellow polyethylene)
 - 2 Garbage bags (large orange) shelter/signaling
 - 2 Space blankets 56x84"(mylar/foil)
 - 6 Candles (8-hour, dripless) heat/light
 - 2 Lightsticks (12-hr chemical green) signaling/light
 - 2 Waterproof matches (50/box)
 - 1 Firestarter/light
 - 1 Utility knife + 1 compass
 - 2 Masks (dust)
 - 2 Hard hats (safety orange)
 - 2 Rescue vests (safety orange)
 - 2 Safety goggles
 - 2 pairs leather-palmed gloves
 - 1 50' yellow polypropylene rope (rescue/rigging)
 - 1 50' braided nylon cord
 - 1 Roll duct tape
 - 1 30" Crowbar
 - 1 Axe (13", 1.75 lbs)
 - 1 Folding shovel
 - 1 folding sierra saw
 - 1 15-function stainless steel tool
 - 2 Survival sleeping bags
 - 2 60% wool blankets
 - 6 Body warmers (10F/40C for 20 hours)
 - 1 Emergency cooking/heat stove
 - 3 cans heating fuel
 - 2 Sierra cups (500 ml stainless steel) cooking/drinking
 - 2 rolls toilet tissue
 - 1 folding bucket
 - 1 portable toilet
 - 6 sanitary napkins
 - 6 tampons
 - 1 First Aid Kit
 - 1 Survival Guide Manual
 - 1 Whistle (plastic) rescue
 - 1 Bag/knapsack (nylon) water resistant
 - 1 AM/FM radio (with alk. batteries)
 - 1 Industrial Flashlight (alk. batteries)
 - 1 waterproof headlight (alk. batteries)

Order Form



My Survival Kits may be ordered individually, or corporate orders available on request. Please allow 2 weeks for product delivery. Shipping not included.



phone/ fax: **604-946-5433 (LIFE)**

email: **info@lifeconsultants.bc.ca**



web: **www.lifeconsultants.bc.ca**

(please print clearly)

name _____
address _____
city _____
phone (____) _____
email _____

Qty (____) **Solo Survival Kits \$74.99** CDN ea.
Qty (____) **Multi-Person Packs \$399.00** CDN ea.
Qty (____) **additional food/water ration kits \$30.00** CDN ea.
Mastercard Visa Cheque payable to My Survival Kit
card number _____ - _____ - _____ expiry date ____/____
cardholder's name _____ signature _____

Orders will be filled upon receipt of full payment.